

The Emotional Guidance Scale

Joy / Appreciation / Empowered / Freedom / Love
Passion
Enthusiasm / Eagerness / Happiness
Positive Expectation/ Belief
Optimism
Hopefulness
Contentment
Boredom
Pessimism
Frustration / Irritation / Impatience
Overwhelm
Disappointment
Doubt
Worry
Blame
Discouragement
Anger
Revenge
Hatred / Rage
Jealousy
Insecurity / Guilt / Unworthiness
Fear / Grief / Depression / Despair / Powerlessness

From the book 'Ask And It Is Given' by Esther Hicks

From the book "Ask and It is Given" by Abraham-Hicks - www.abraham-hicks.com

EMOTIONAL GUIDANCE SCALE	1	Joy/Appreciation/Empowered/Freedom/Love	FEELING GOOD
	2	Passion	
	3	Enthusiasm/Eagerness/Happiness	
	4	Positive Expectation/Belief	
	5	Optimism	
	6	Hopefulness	
	7	Contentment	FEELING BAD
	8	Boredom	
	9	Pessimism	
	10	Frustration/Irritation/Impatience	
	11	Overwhelment	
	12	Disappointment	
	13	Doubt	
	14	Worry	
	15	Blame	
	16	Discouragement	
	17	Anger	
	18	Revenge	
	19	Hatred/Rage	
	20	Jealousy	
	21	Insecurity/Guilt/Unworthiness	
	22	Fear/Grief/Depression/Despair/Powerlessness	



Your desire is about to manifest

Vibrational Matches start showing up here

Resistance to your desire manifesting has 'cleared up' at this point

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